



Full Legal Name: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: Female  Male  Transgender  Other \_\_\_\_\_

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_ Hours Per Week: \_\_\_\_\_

Employer: \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Referred by (so I can thank them!) or how you heard about me: \_\_\_\_\_

### CHIEF COMPLAINT:

Reason for visit: \_\_\_\_\_

When did this condition begin? \_\_\_\_\_

Describe symptoms you have now (mark region of pain on picture if applicable): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please state diagnosis (if known): \_\_\_\_\_

What diagnostic tests (if any) have been done for this?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What treatment(s) have you already received for this condition? \_\_\_\_\_

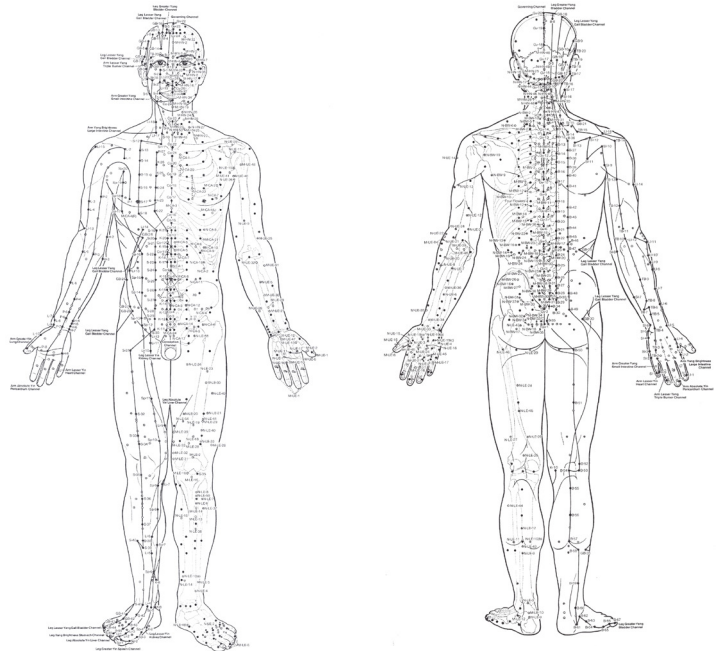
\_\_\_\_\_  
\_\_\_\_\_

Has any treatment helped? (if yes, please explain) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Do you have any other health concerns? (Please list in order of importance):

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_



\*Are you pregnant or have any reason to believe you may be pregnant?  Yes  No

**ALLERGIES:**

Are you allergic or hypersensitive to any foods, drugs, or environmental allergens?  Yes  No

If yes, please describe: \_\_\_\_\_

**CHRONIC ILLNESS:**

Do you have any infectious/contagious disease?  Yes  No

If yes, please explain: \_\_\_\_\_

Are you currently suffering from any chronic illness?  Yes  No

If yes, please explain: \_\_\_\_\_

**MAJOR MEDICAL:**

Please list all hospitalizations, surgeries, significant illnesses, or traumas you have experienced in your life:

- 1) \_\_\_\_\_ Date: \_\_\_\_\_
- 2) \_\_\_\_\_ Date: \_\_\_\_\_
- 3) \_\_\_\_\_ Date: \_\_\_\_\_
- 4) \_\_\_\_\_ Date: \_\_\_\_\_
- 5) \_\_\_\_\_ Date: \_\_\_\_\_

**CURRENT MEDICATIONS:**

Please list all prescription medications (including hormones or birth control pills), over-the-counter medications, vitamins, herbs, or supplements you are currently taking and reason for taking them:

- 1) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_
- 2) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_
- 3) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_
- 4) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_
- 5) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_
- 6) \_\_\_\_\_ dosage: \_\_\_\_\_ reason: \_\_\_\_\_

**NUTRITION:**

Are you vegetarian or vegan?  Yes  No

Are you on any specific diets?  Yes  No If yes, please describe: \_\_\_\_\_

**OTHER:**

Do you smoke cigarettes?  Yes  No If yes, how many per day? \_\_\_\_\_

Do you drink alcohol?  Yes  No If yes, how many drinks per week? \_\_\_\_\_

Is there anything else you would like me to know about you? \_\_\_\_\_

Overall, the state of your health is:  Excellent  Good  Average  Fair  Poor

How much change are you willing to make for improving your health?  Minimal  Some  Complete